

Bullet Points for Wildfire Webinar

1. Firefighting is an exciting and challenging profession. It can also be a highly stressful and extremely dangerous profession. The stress is clearly different than the stress found in civilian occupations.
2. These stresses and dangers impact families and significant others as well.
3. Since we adjust to the environment that we are in we can become unaware of our internal states. When we do not know how we feel, we miss valuable information that we need to make appropriate adjustments in life. Over time this can lead to damage to ourselves (physically, emotionally & spiritually), our families and our friends.
4. Call Volume Statistics
5. Recalls
6. Then come the Wildfires. From January 7- January 31, 2025, a series of 7 destructive wildfires affected the Los Angeles metropolitan area and San Diego County.
7. The Palisades Fire was the largest blaze. It burned 24,000 acres in the Pacific Palisades and parts of Malibu.
8. The Eaton Fire burned more than 14,000 acres and left the community of Altadena in ashes.
9. The wildfires during this time, killed at least 29 people and more than 200,000 people were evacuated.
10. More than 18,000 homes and structures were destroyed or damaged.
11. The importance of Resiliency