

CONSENT FOR EVALUATION & RELEASE OF MEDICAL INFORMATION

To the Employee: Your signed consent for a Fitness-for-Life medical evaluation and release of medical information is required prior to performance of any part of the Fitness-for-Life medical exam. The authorization below is valid for one year from the date of signature unless revoked in writing by the employee named below.

Consent for Medical Evaluation & Record Release

I _____ hereby authorize _____ to perform
Printed name Fitness-for-Life Clinic

a complete medical examination, x-rays and lab work with the exception of urine drug screening. I further authorize the release of my completed health history questionnaire, lab results and any diagnostic testing as well as physical exam results to the Occupational Health Programs (OHP) in the County's Chief Executive Office. Further, I authorize the release of medical information and test results related to my heart to the Harbor/Cardiology Group when consultation is needed. I understand that all medical information received by the OHP will be stored in my medical file at the OHP, and may be reviewed by the medical staff at OHP for the purposes of ensuring my safety as well as the safety of coworkers and/or the public. I understand that the information may also be reviewed for the purposes of contract monitoring.

Employee Signature

Date

Consent for the Occupational Health Programs to Release Medical Information

I give permission to the Occupational Health Programs (OHP) to release medical information from my file stored at the OHP to the Fitness-for-Life Clinic named above and to the Harbor/Cardiology Group when needed to assist in the interpretation of my current medical condition.

Employee Signature

Date

Privacy of Medical Information:

Your medical information is kept confidential at the Fitness-for-Life clinic, Harbor Cardiology, and the OHP (CEO). If a work restriction is imposed, the Fire Department will be provided with your work restrictions only. The OHP is the designated keeper of medical files which contain records of pre-placement and periodic medical testing. Under California Civil Code, Section 56.20-56.245, there are certain State and/or Federal laws under which any health care provider and/or keeper of medical information can be compelled once notified in writing to disclose your medical information without your specific written authorization. The information may be disclosed if it is compelled by a judicial or Executive process, such as a lawsuit, arbitration, grievance, or other claim or challenge to which the employer and employee are parties. Adjudication of claims under the California Workers Compensation law or the adjudication of benefits by LACERA are two examples of these processes.